

## **Post Operative Instructions: Crowns and Bridges**

- Crowns and bridges are usually completed in two appointments. After your tooth is prepared, a temporary crown is placed on the tooth for protection. In rare instances the temporary may come off prior to the final cementation appointment. Call our office if your temporary becomes loose or is lost.
- After each of the two appointments you may experience some soreness around the gum line. Rinse with warm salt water to speed healing.
- You may have slight hot, cold or pressure sensitivity. This is common and normal.
- Your bite may feel slightly different, and if after several days your bite continues to feel uneven or high call our office for an adjustment appointment.
- After the first appointment avoid eating sticky foods and gum or you may dislodge the temporary bridge. Chew on the opposite side of your mouth. And NEVER chew ice!
- After the second appointment, the permanent bridge is placed. Be sure to brush and floss your new tooth as you would any of your teeth. With a bridge, you may need a special floss threader or other aids to reach and clean all areas properly.
- If you have any questions or concerns, please do not hesitate to call our office or Dr. Michaels may be available at 416 219 2513